CystoSure® was designed for all phases of female urinary catheter care including back fill voiding trials after catheter removal.

What is a “back fill” voiding trial?
Post-operative voiding dysfunction often complicates pelvic surgeries with as high as 47% of transvaginal surgery patients experiencing this problem. One safe and efficient method for ensuring that a patient is emptying her bladder adequately after the removal of a urinary catheter is a “back fill” voiding trial. Step by step instructions for a hands-free “back fill” voiding trial with CystoSure® are provided on the back.

What are some of the challenges of a “back fill” voiding trial using a traditional 2-way Foley?
• A traditional 2-way Foley catheter does not have an inflow port. A “back fill” voiding trial typically involves the messy and cumbersome task of instilling fluid with multiple fillings using a 60cc catheter-tipped syringe.
• Multiple fillings from bottle to syringe to the catheter increases the risk for breaks in sterility.

How can CystoSure® simplify a “back fill” voiding trial?
• With a built-in luer lock connector on its BLUE inflow port, CystoSure® allows IV tubing to be used to fill the bladder directly from a sterile bag of fluid rather than requiring multiple transfers through a syringe.
• Direct sterile connections reduce the risk of microbial contamination of the bladder.

**Instructions for CystoSure® Post-op use**

**Helpful Hint:** If the catheter is not draining or draining slowly:

1. Check for kinks in the outflow port.
2. Adjust the catheter, tubing and drainage bag so that all components are below the level of the bladder.

**Correct Catheter Placement**

**Incorrect Catheter Placement**

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**Voiding Trial**

1. Clamp or plug the **YELLOW** port.
2. Connect distention fluid tubing to **BLUE** port and fill bladder with sterile normal saline until strong urge to void or 300 mL.
3. Deflate balloon through **ORANGE** port and remove catheter.
4. Have patient void into a urine collection hat within 30 minutes.

A successful voiding trial is defined as a voided volume of at least 200 mL or 2/3 of instilled volume.

If the patient is unable to void within 30 minutes or voids less than required amount, the catheter should be reinserted to avoid bladder over-distention.